

MEPS MEDICAL QUESTIONNAIRE INSTRUCTIONS

- The MEPS Medical Questionnaire (DD-2807) will be submitted to MEPS and will be used to determine whether or not we will be able to push forward with your application.
- Follow all directions below **VERY** carefully and expeditiously.

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- **Disqualifying Conditions:** Before you begin the questionnaire, click [here](#) to view a list of disqualifying conditions.
 - **Drug usage criteria:** Click [here](#) to review the criteria for drug usage. (Note: If you have never used illegal drugs before, this does not apply to you).
 - If you do not require a waiver, there is no further action (outside of the medical questionnaire) that is required on either yours, or your recruiter's part.
 - If you require a NAVCRUITDIST CO (Navy Recruiting District Commanding Officer) waiver, you will be required to conduct a personal interview with the Commanding Officer and his decision will determine your eligibility.
 - If you require a NAVCRUITCOM (Navy Recruiting Command) waiver, the above criteria still applies. The difference is the Navy Recruiting District's Commanding Officer will provide his recommendation and forward your application to be reviewed and approved or denied by a higher authority. (Note: These waivers are typically approved on a case by case basis for those who are exceptionally qualified)
 - It is important that you do not answer any of the medical questions by typing your initials in the blocks. MEPS will not accept typed initials or digital signatures and your Medical Questionnaire will be rejected.
 - Before you start filling out your DD-2807, click [here](#) to view an example of what the completed form should look like. **You will refer to this example throughout the steps below, so keep it open.**

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1. After you have reviewed the information above, download and save the DD-2807 **to your desktop** by clicking [here](#).
 - a. Open this file from your desktop. **Do not** fill it out from your Internet Browser.
 2. **Page 1**
 - a. Read through the instructions.
 3. **Page 2**
 - a. Block 1: Annotate your name in the following format:
 - i. **SMITH - JOHN - M**
 - b. Block 2: Annotate your current age. (Note: if you are close to your birth day, and you will be taking your physical after that date, annotate the next higher year)
 - c. Block 3: Annotate your date of birth in the following format:
 - i. **19920423**
 - d. Block 4: Annotate your full Social Security Number
 - e. Blocks 5-7:
 - i. It is very important that you annotate your accurate height (without shoes) and weight (without clothes). This will allow your recruiter to accurately determine whether or not you are within your maximum allowed weight.
 - ii. If you do not provide an accurate weight here, and you are over the maximum allowed weight when measured at MEPS, your processing will not continue and you will be making a second trip once you are within the required weight (or body fat) standards.
 - iii. Click [here](#) to obtain the maximum weight for your height and annotate in Block 7.
 - f. Block 8: Select **Navy** and select either **Regular (Active)** or **Reserve Component**.
 - g. Block 9: Annotate today's date in the following format:
 - i. **20151020**
 - h. Block 10: Select **Commission**
 - i. Block 11: This block is only required if you are a current Federal Employee.
 - i. If you are not, annotate **N/A**.
 - ii. If you are, annotate your **Job Title, Grade, and Component**.
 - j. Block 12: Annotate your occupation.
 - i. If you are a student annotate **STUDENT**.
 - ii. If You are not a student annotate your **occupation**.
 4. **Page 2 (Top)**
 - a. Annotate the last four digits of your Social Security Number.
 5. **Section II (pages 2-4): These questions cannot be answered by marking them with an X or your typed initials, and must be answered with your hand written initials later.**
 - a. It is highly recommended that you carefully go through the medical questions. If you have any **YES** answers, **temporarily** annotate an **X** in the yes column for the questions (you will later delete the **X** and mark with your initials). This will provide a quick reference for the questions you must explain in Section III.
 - i. Remember that any **YES** answers could require medical documentation. If you must answer yes to any of the questions, expect that you will most likely be required to provide all documents for the condition.

6. Section III

- a. If all of your answers in Section II are **NO**, you are not required to annotate any amplifying information in this section.
- b. If you answered **YES** to any questions in Section II, you are required to provide amplifying information.
 - i. Use the previously opened DD-2807 example (above) as a guideline for any medical descriptions that are required from any yes answers that you might have.

7. Section IV

- a. Enter the names, addresses and telephone numbers of any current and previous Primary Care Physicians and Insurance Providers.
- b. If this does not apply to you, Annotate **None | N/A | N/A** (see the DD-2807 example, page 5)

8. Section V

- a. Block 9: Annotate today's date in the following format:
 - i. **20151020**

*****IF YOU ANNOTATED ANY YES/NO MARKS IN SECTION II, DELETE THEM NOW*****

*****PRINT PAGES 2-7 (PAGE 1 IS NOT REQUIRED TO BE RETURNED)*****

9. Section II (Continued)

- a. **Hand-write** all of your initials using the previous DD-2807 example in either the **YES** or **NO** columns to each question on pages 2-4.
- b. Be careful to leave the opposite gender questions blank at the top of page 3.
- c. Any yes answers must correspond with your previous amplifying descriptions (if applicable) in Section III.

10. Section V (Continued)

- a. Block 7.a:
 - i. Legibly sign your full name.

11. Upload Instructions:

- a. Page 7 is for the MEPS Medical Doctor's use and requires nothing further on your part.
- b. Scan pages 2-7 into one high quality and clear Adobe PDF file.
- c. Upload your completed DD-2807 to your recruiter by clicking [here](#).